



Track your spectrum of IBD symptoms

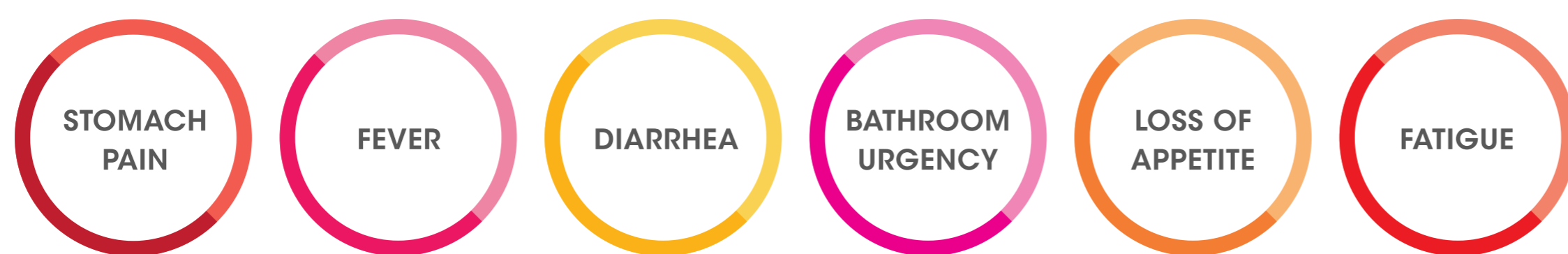
Be Flare Aware!

Introducing the MyColo mobile app for Crohn's and Ulcerative Colitis.

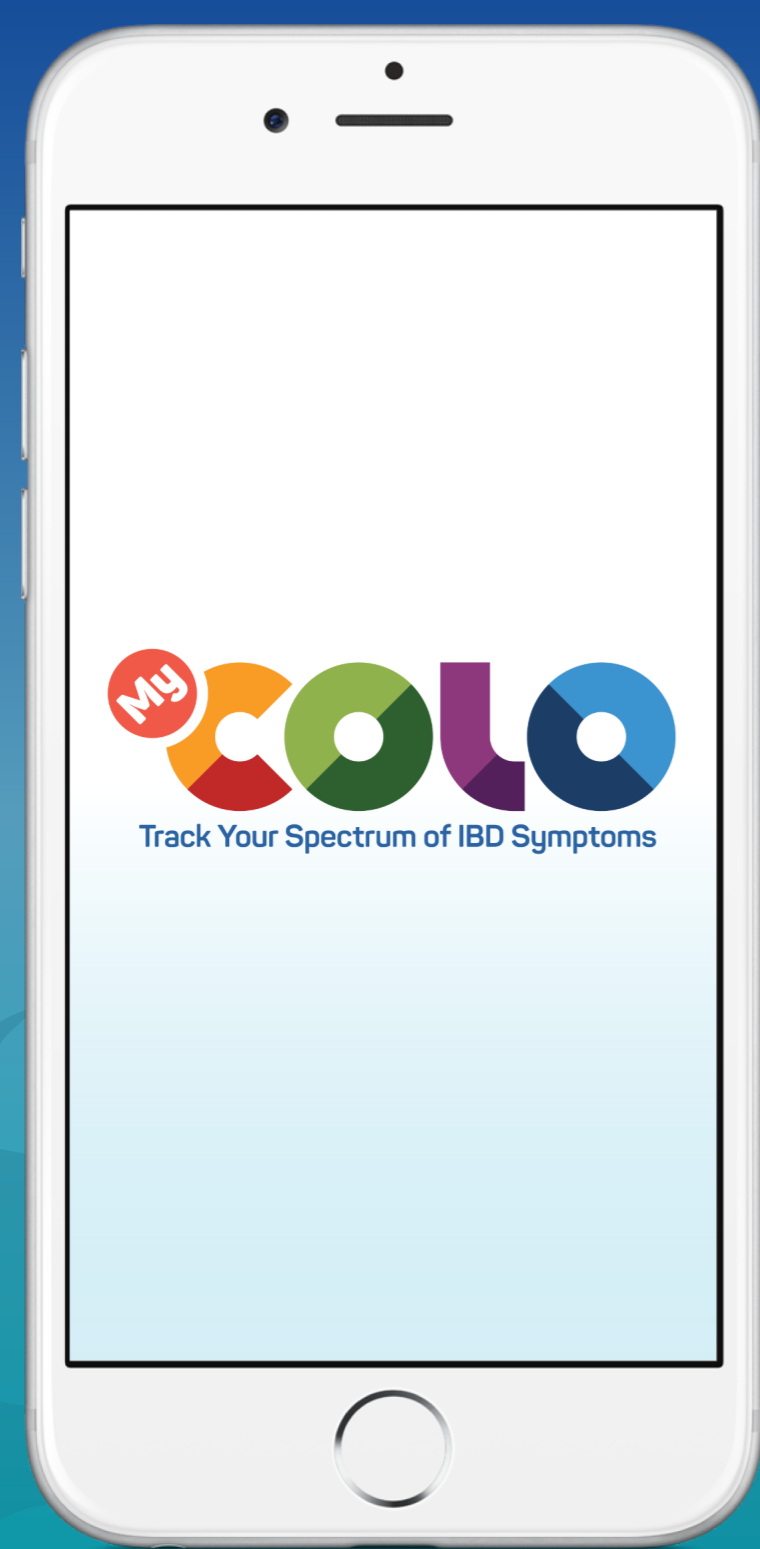
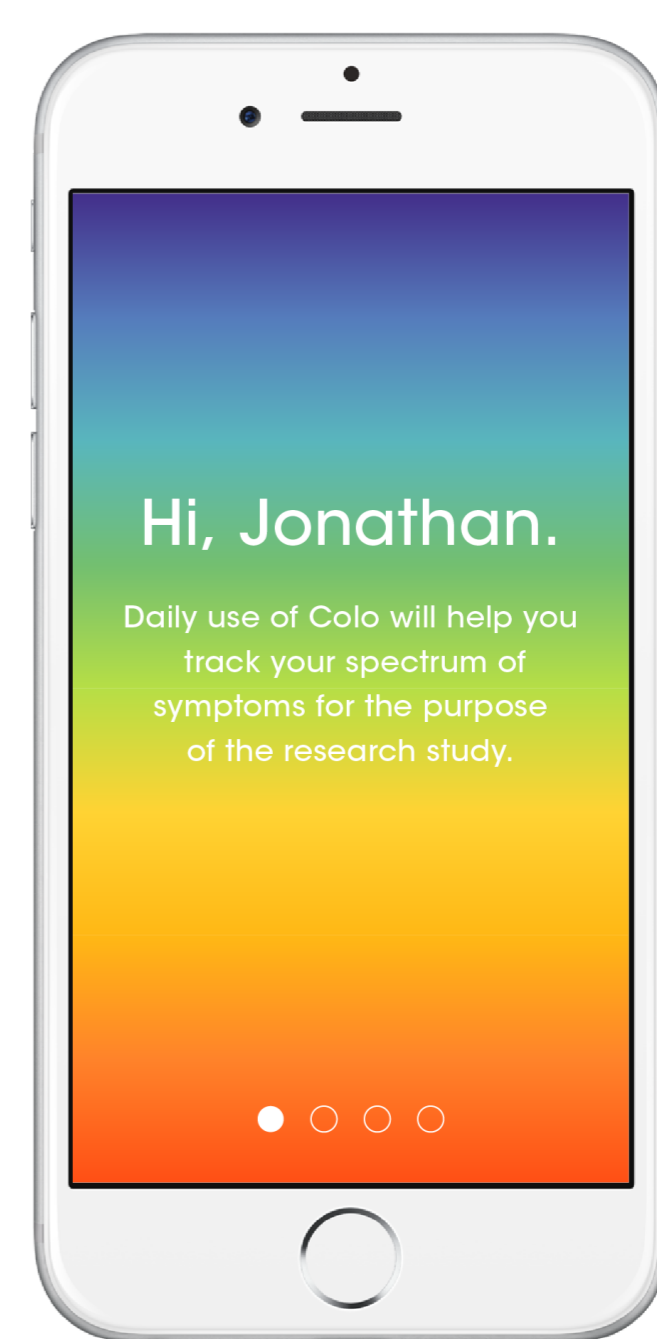
Thank you for pre-screening for a Crohn's or Ulcerative Colitis research study. Your participation in this study may make a difference for others struggling with an inflammatory bowel disease such as Crohn's or Ulcerative Colitis. Research studies may help advance knowledge about these conditions, potentially leading to future treatment options.

In order to enroll in this study, you need to be in active disease, also known as a flare. That means your symptoms have worsened.

Symptoms of a flare include



The easiest way to track your daily symptoms and be alerted when you may be experiencing a flare is to download the MyColo mobile app. It's simple and easy to use.



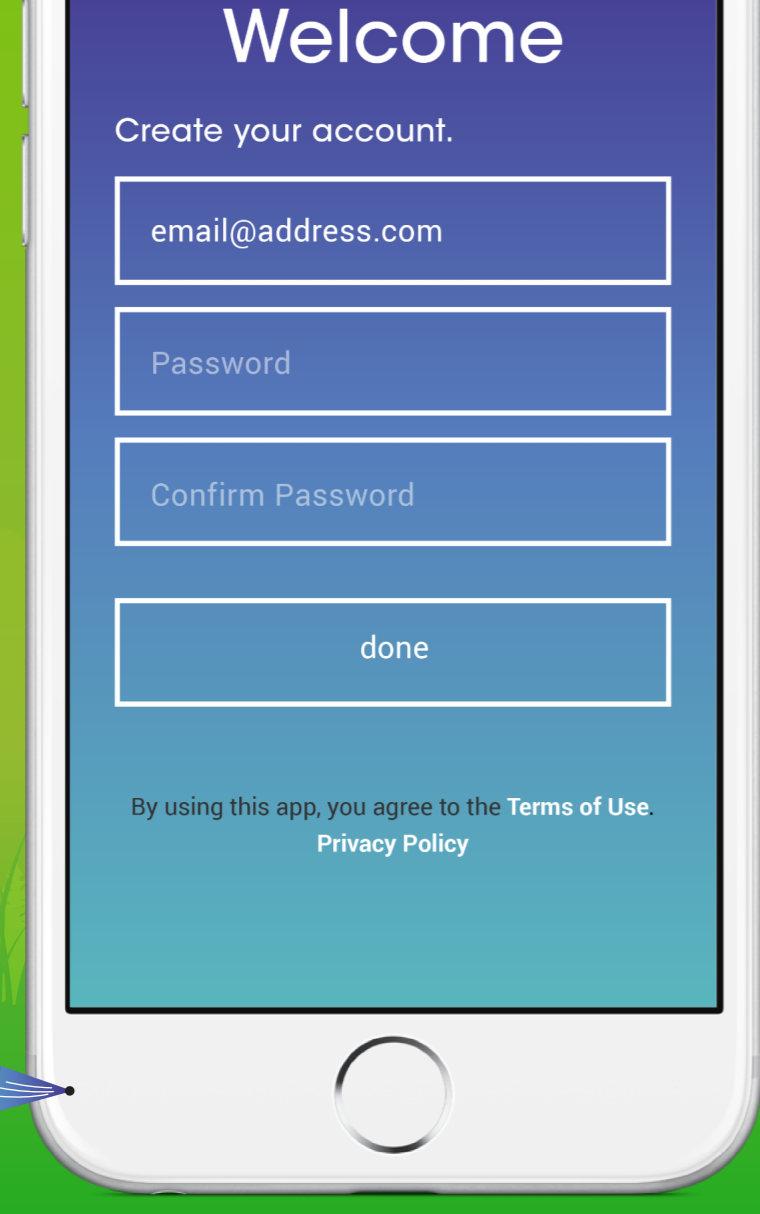
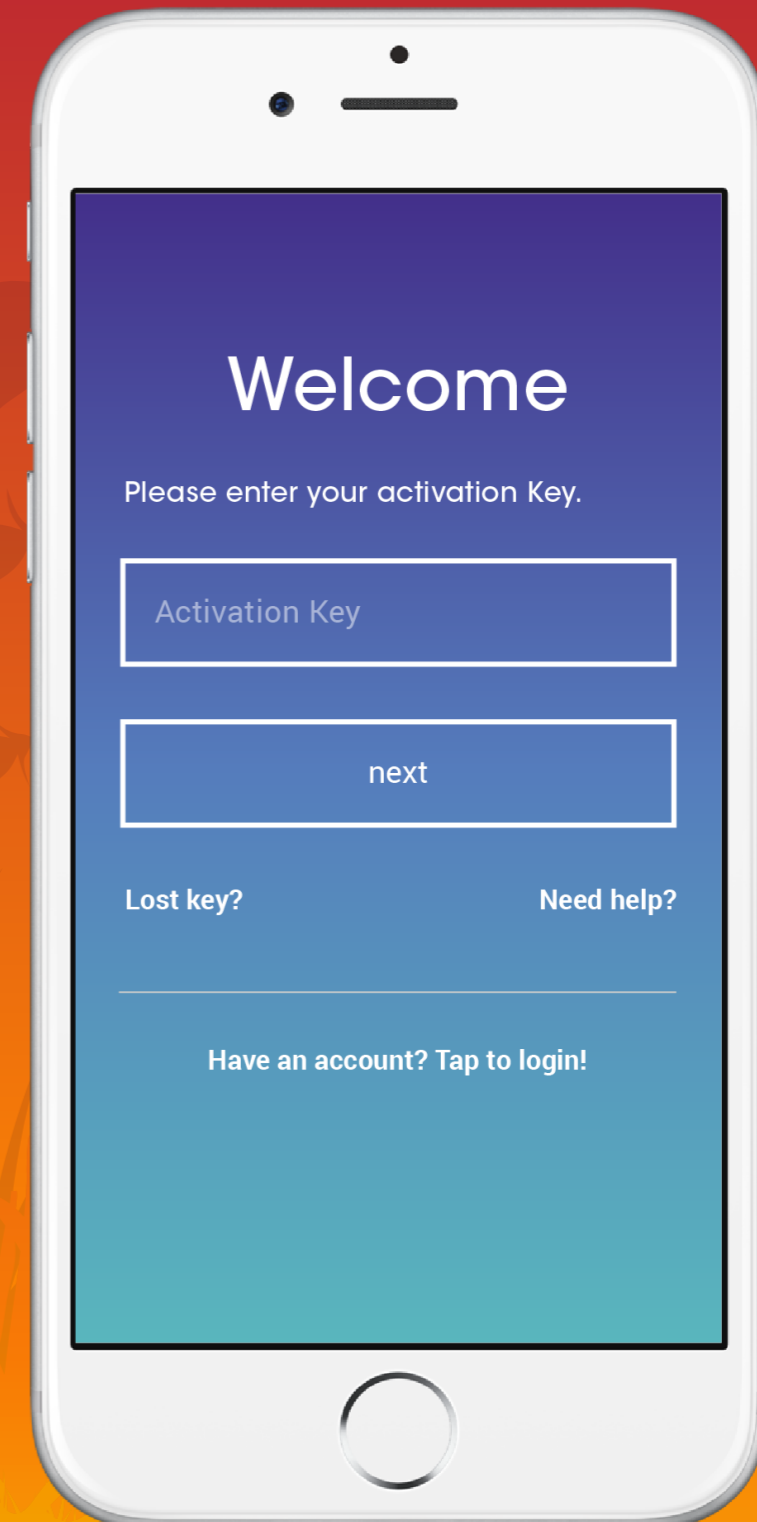
Go to the App Store or Google Play to **download the MyColo app** and **select install.**



MyColo

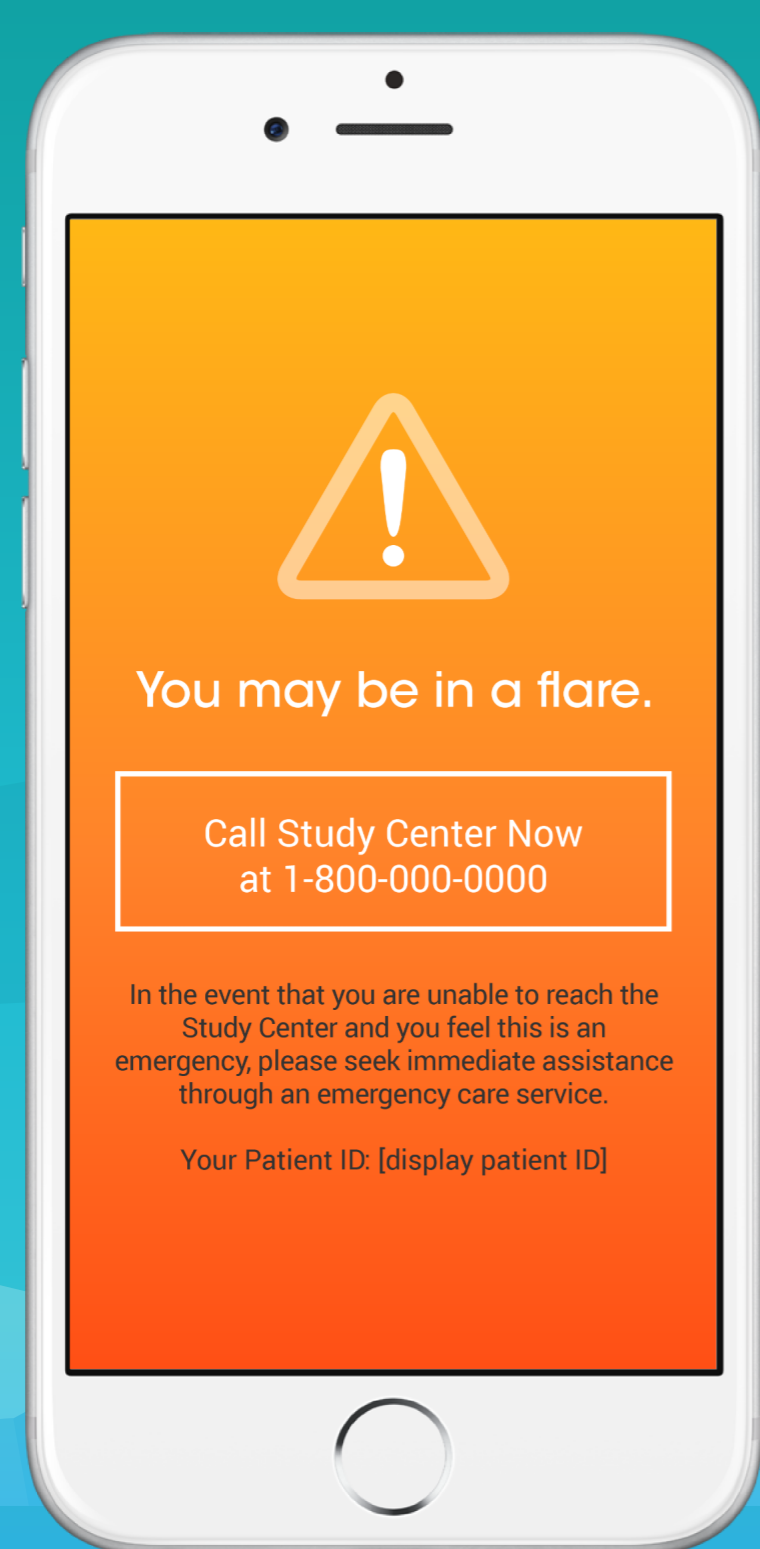
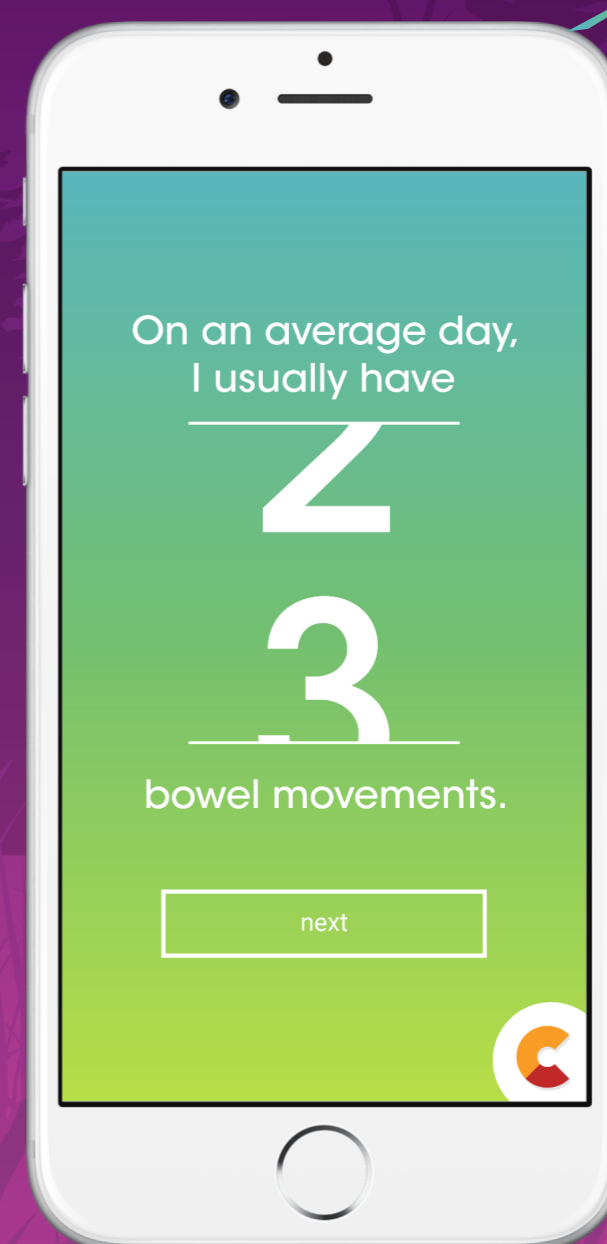
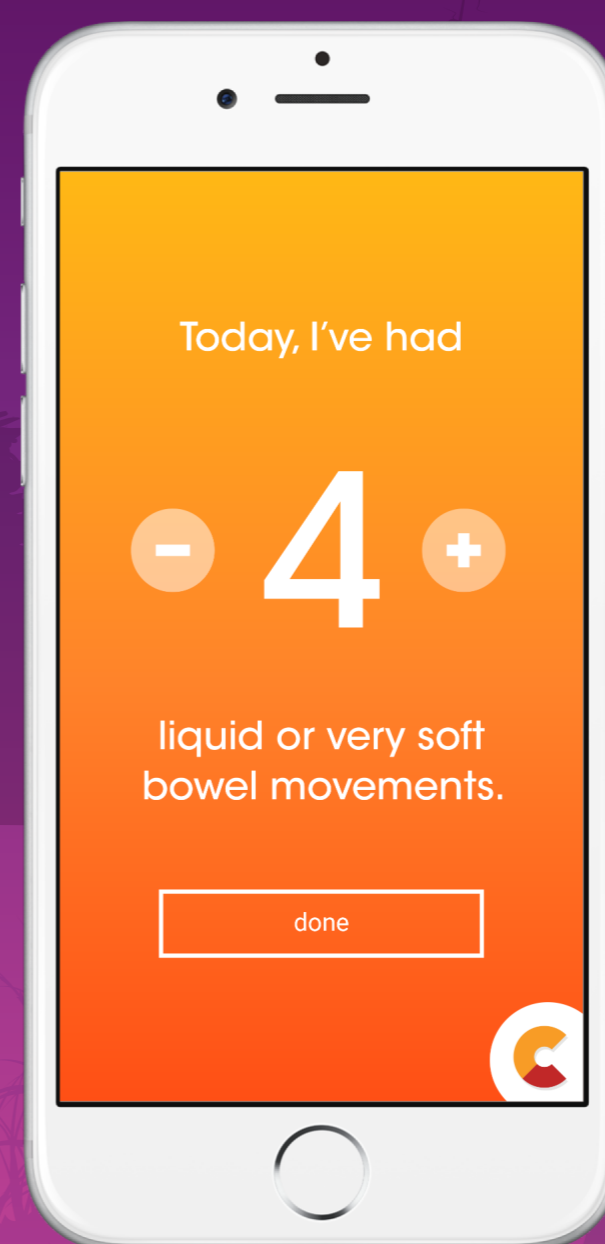
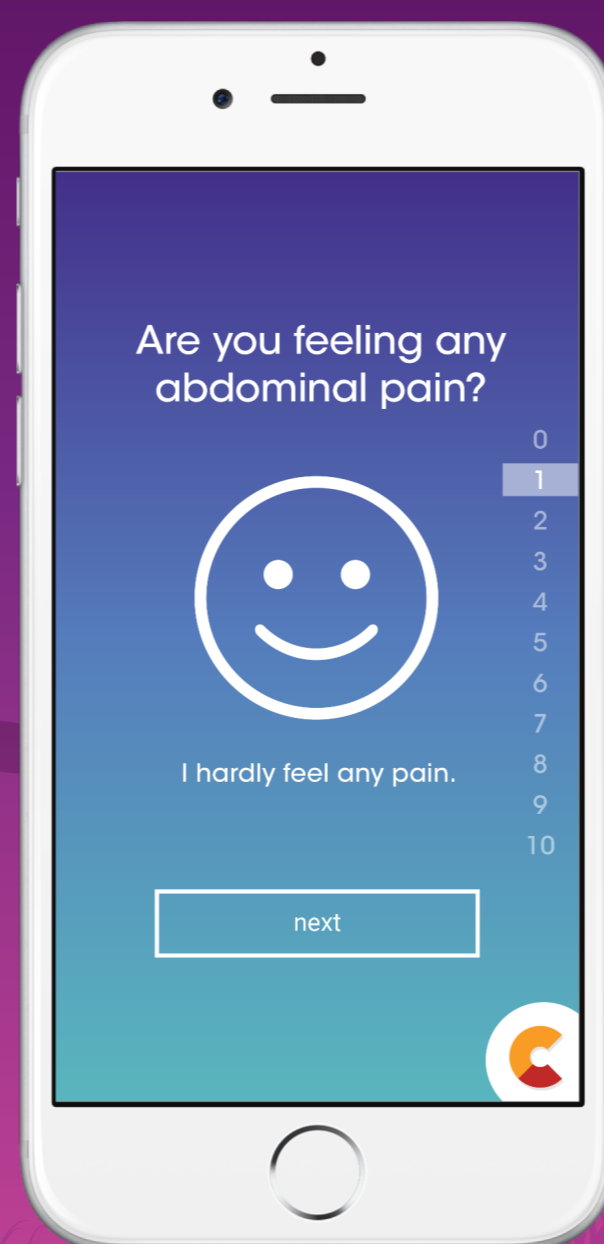


On the **Welcome** screen, enter the **activation code** that was emailed to you during the screening process, plus your **phone number** and **zip code.**



On the **Create your account** screen, enter your **email** and a **password** of your choice.

When using MyColo app you will need to answer **three simple daily questions.**



If the answers you provided indicate a **possible flare**, you will be prompted to **contact the MyColo call center** to be connected to your **study site.**

Don't delay!

Download the MyColo mobile app for Crohn's and Ulcerative Colitis today.



Your privacy is important to us. If you choose to download the app the information that you provide will only be used to determine if you are in flare. Your information will not be shared with third parties. For more information on how we process your data please visit our privacy policy at <https://www.synexusclinic.co.uk/privacy-policy/>.

*In a research study, the participants may receive investigational study product or may receive an inactive substance, or placebo, depending on the study design. Participants will receive study-related care from a doctor/research team for the duration of the study. For studies that offer compensation, reasonable payments will be made for participation. The length of the study may vary.

